



O'zbekiston Respublikasi Ta'limni rivojlantirish respublika
ilmiy-metodik markazi

Ta'lim-tarbiya jarayonida psixologik yondashuv

Umarova Mashrabxon Axmadovna
Toshkent shahar Yakkasaroy tumani 144-sonli umumta'lim
maktabining boshlang'ich sinf o'qituvchisi

Fikring so'zingga, so'zing
xulqingga, xulqing qismatingga ta'sir
qiladi. Go'zal fikrla, go'zal yasha!

Jaloliddin Rumi





**Kichik bolalardagi
katta qo'rquvlar
nima? Ularni qanday
bartaraf etish
mumkin?**



Tarbiyada qattiqqo'llikning me'yori, hamda ota-onalar tomonidan yo'l qo'yiladigan xatolar.



QO'RQITISH



MAJBURLASH



TURTKILASH

Natijada bolada qarshilik ko'rsatish hissi, ishonchsizlik, qo'rqqoqlik paydo bo'ladi

Tavsiyalar



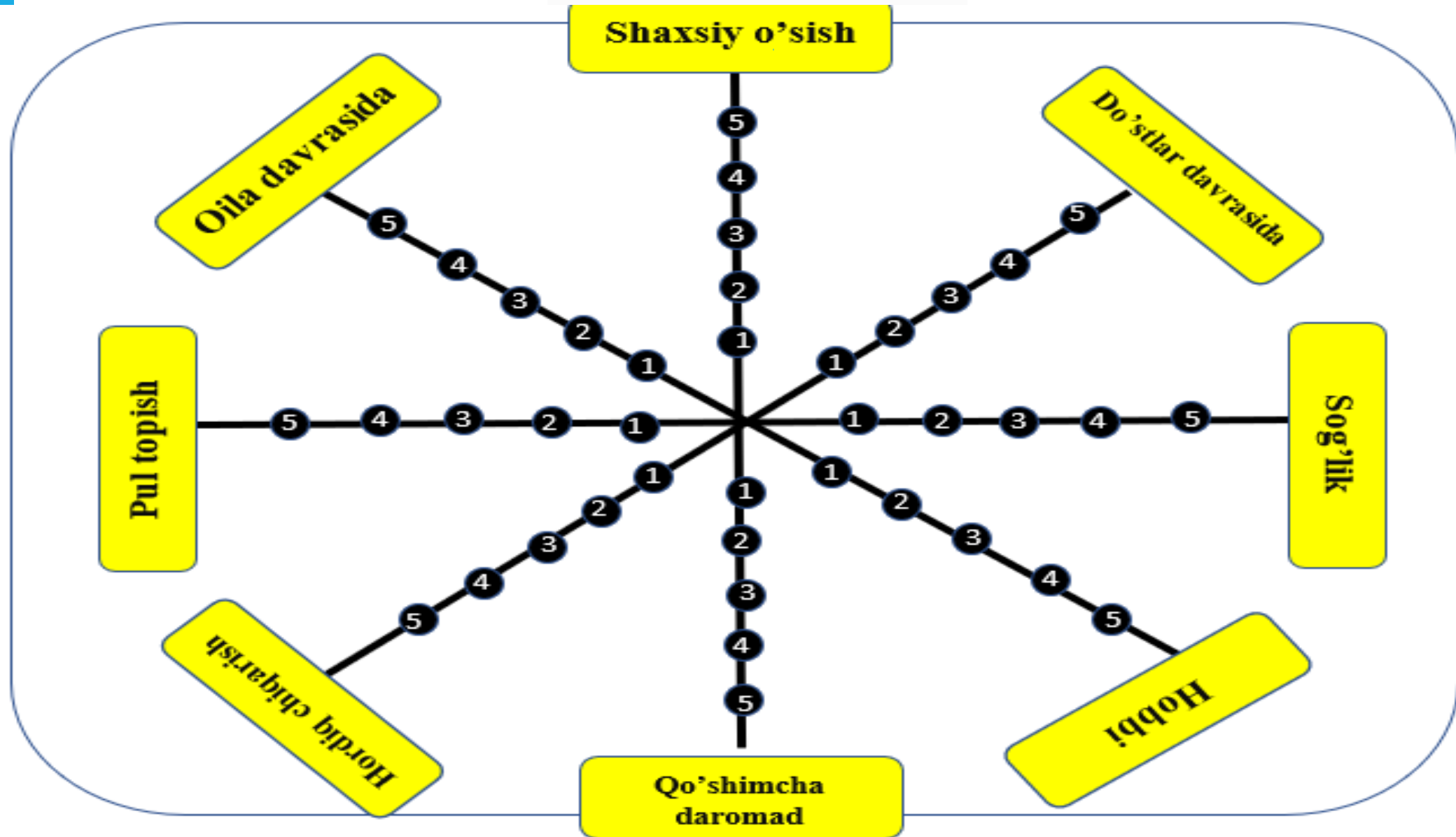
1. Bolaga buyruq emas, taklif shaklida ko'rsatma bering.

2. Bolaning shaxsiy hayotini hurmat qiling.

3. Do'st, kiyim-kechak va boshqa biror narsalarni tanlashni o'ziga qo'yib bering.

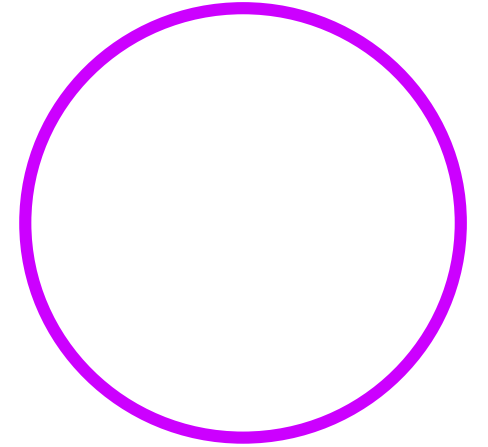
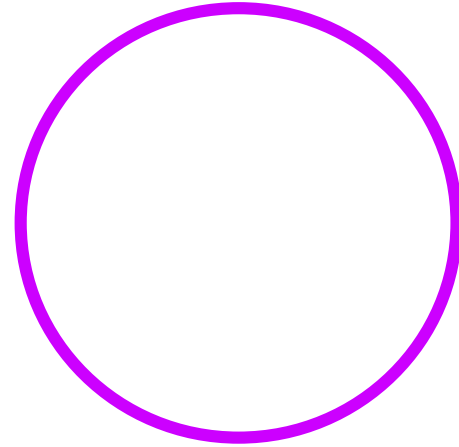
4. O'zaro ishonch va hurmatni tiklashga harakat qiling.

HAYOT CHARXPALAGI

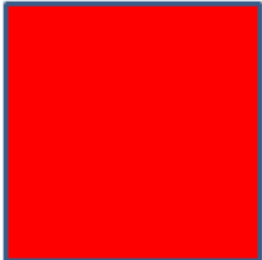
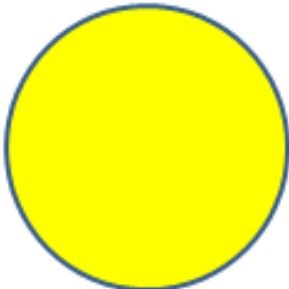




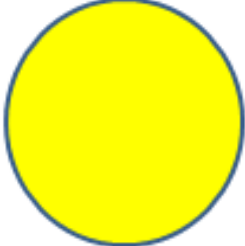
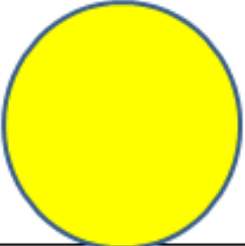
**DOIRALARDA
NIMALARNI
KO'RYAPSIZ**



Xotira mashqi

					
K	O	A	M	L	B

Xotira mashqi

			
B	O	L	A
			
O	L	A	M

MATEMATIK DIKTANT

1. Bir yildagi oylar sonini fasllar soniga bo'ling.
2. Birinchi misoldagi bo'linmaga bir sutka vaqtini qo'shing.
3. Ikkinchi misoldagi yig'indini bir fasldagi oylar soniga bo'ling.
4. Uchinchi misoldagi bo'linmaga bir haftadagi kunlar sonini qo'shing.
5. To'rtinchi misoldagi yig'indini 4 ga bo'ling

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$$12 : 4 = 3$$

$$3 + 24 = 27$$

$$27 : 3 = 9$$

$$9 + 7 = 16$$

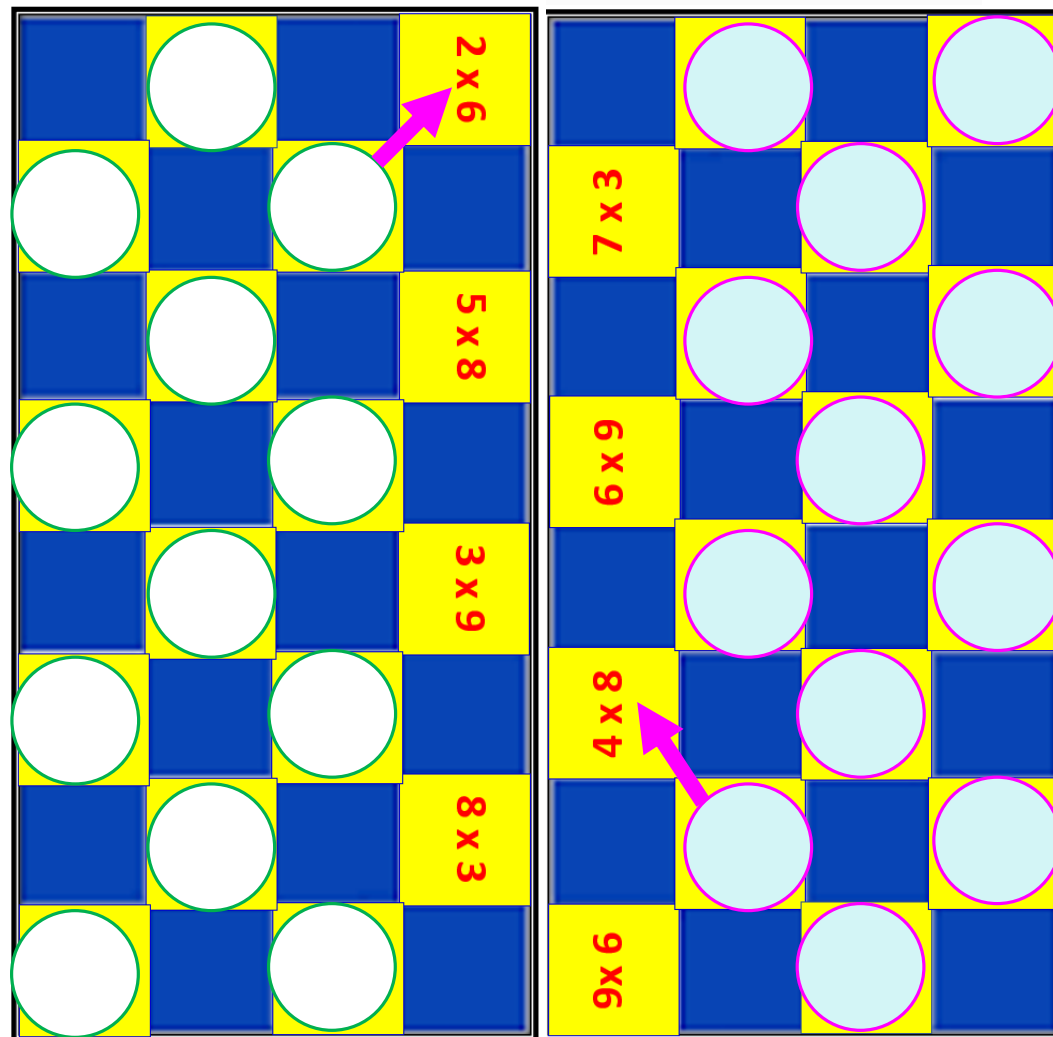
$$16 : 4 = 4$$

SHASHKA O'YNAB KARRA YODLAYMIZ

2x6		8x7		2x9		3x7
4x6						6x3
5x8		9x6		6x7		
8x4						
3x9		3x4		7x9		
						8x3
7x3		6x8				
6x9						
4x8		5x6				
9x6						
6x9		6x7				
9x3						
8x3						
5x7						
7x9						
6x9						
4x4						
6x9						
4x7						
7x3						
8x8						
5x7						



SHASHKA O'YNAB KARRA YODLAYMIZ



E'TIBORINGIZ
UCHUN RAHMAT!

